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International Wrist
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Hand Surgery
SECMA



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M W C

MADRID
Wrist Course

Advances in hand and wrist arthroscopy

6th IWAS WRIST ARTHROSCOPY COURSE
Advanced Course

C Course director. Pedro J. Delgado, MD



MadridWristCourse

www.madridwristcourse.com



May 19-21, 2021



HAND SURGERY
AND MICROSURGERY
UNIT

Course organization

Hand Surgery and Microsurgery Unit.
Orthopedic Surgery and Traumatology Department.
Hospital Universitario HM Montepríncipe. Hospital HM Nuevo Belén.
CEU San Pablo University.
Boadilla del Monte, Madrid. Spain.

Date & Venue: 19th, 20th and 21st May 2021.

Lectures. Wednesday 19th: School of Medicine H. Univ. HM Montepríncipe.
Av. de Montepríncipe, 25, 28660 Boadilla del Monte, Madrid.

Cad Lab. Thursday 20th or Friday 21st: Surgical skills laboratory. Teaching and research center. School of Medicine. Universidad CEU San Pablo. Boadilla del Monte, Madrid.

Workshops Symposiums. Thursday 20th or Friday 21st: Instituto Europeo de Cirugía Reconstructiva. C/ Almirante, 30, 28004 Madrid

Objective

Advanced level course in arthroscopy and hand and wrist reconstructive surgery techniques. For doctors specializing in orthopedic surgery and traumatology, residents, physiotherapists and occupational therapists with special interest in hand and wrist surgery, especially arthroscopy-assisted techniques.

Course data

- Course of theory and practice in cad-lab: theoretical session, laboratory practices and workshops.

- Day 1:** Theoretical session with lectures, clinical cases and surgical techniques. Theory with discussion and cross-fire sessions. Live questions "on-line". On-line via streaming is available.

- Day 2:** Practical session in cad-lab. Practices of the surgical techniques presented are carried out by participants. The invited professors present a 5-minute video technique that the students will develop on the course. The estimated time per practice being 45-60 minutes. Masterclass in the laboratory by invited professors.

- Day 3:** Seminars and workshops about new techniques and specific implants.

- The official language of the course will be English**, both for practical sessions as well as laboratory practices and workshops.
- For the practical part and workshops, it will be distributed to students by groups.
- Private area: on the course website and gives access to the recording of the lectures, video techniques and additional material. You need a personal access code.

SPECIAL INFORMATION COVID19

- The course will be followed with the maximum security measures caused by the Covid-19 pandemic, following the current health regulations of the Community of Madrid and the Government of Spain.
- For all medical professionals, it will be mandatory to present a complete vaccination certificate for Covid-19.
- For the rest of attendees a specific Covid-19 PCR study will be requested, carried out 48 hours before the course.
- Specific Covid-19 security plus measures to avoid direct contact such as separation between each student in the auditorium.
- Maximum 2 participants for each arthroscopy table for the practical part in cad-lab.
- Small groups of 10 people maximum, for practical sessions and workshops.
- These measures can be modified by strict security measures.

Technical Secretary

The certificate of attendance will only be provided if attendees will complete the full course schedule. An attendance control will be carried out in order to guarantee from the Organization full compliance with the schedules established in the Program.

Registration procedures and prices

- Full course: € 1,440.00 + VAT (limited places)
- On-line course: € 150.00 + VAT

(Course options may vary depending on government recommendations and current regulations caused by the Covid-19 pandemic)

Full course registration includes attendance at the theory and cad-lab sessions for the 2 full days plus the workshop and seminars (morning or afternoon). Certificate of attendance, access to the website and video techniques, bus transfers to the course from the selected hotels.

On-line course registration includes to attend via streaming the theoretical session on day-1 without the possibility of access to the practical sessions or workshops and seminars. Certificate of attendance, access to the web and the private area.

COMPLETE COURSE

Day distribution by groups

Day	Wed 19th	Thu 20th		Fri 21st	
Session	Theory	Cad-Lab	Workshop	Cad-Lab	Workshop
Morning	ALL GROUPS	GROUP 1	GROUP 3	GROUP 3	GROUP 1
		GROUP 2		GROUP 4	
Afternoon		GROUP 1	GROUP 4	GROUP 3	GROUP 2
		GROUP 2		GROUP 4	

NEWCLIP Symposiums

Thursday 20th May	Friday 21st May
10:00 - 13:00 h. GROUP 1	10:00 - 13:00 h. GROUP 3
15:00 - 19:00 h. GROUP 2	15:00 - 19:00 h. GROUP 4

The Symposium includes coffee break and bus transfer in/out from the Hotel.
Lunch not included

Venue: Instituto Europeo de Cirugía Reconstructiva (IECR)
Calle Almirante nº 30
28004 Marid
www.institutoeuropeocirugia.com



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Associate professor. School of Medicine. CEU San Pablo University.
Madrid, Spain.



Wed 19th

08:00-08:15 h. Registration
08:15-08:30 h. Welcome address and course presentation

SESSION 1: SCAPHOLUNATE LIGAMENT RECONSTRUCTION

Chairman: Fernando Corella

08:30-08:45 h. **Dorsal intercarpal ligament avulsion and arthroscopic repair**
Lorenzo Merlini

08:45-09:00 h. **Scapholunate ligament internal brace 360-Degree tenodesis (SLITT) Procedure**
Sanjeev Kakar

09:00-09:15 h. **Arthroscopic assisted dorsal & volar reconstruction for chronic SLD**
Pak Cheong Ho

09:15-09:30 h. **Percutaneous scapholunoradial technique for SL reconstruction**
Gustavo Gómez

09:30-09:45 h. **Arthroscopic volar and dorsal scapholunate ligamentoplasty. Is the internal brace useful?**
Pedro J. Delgado

09:45-10:00 h. **S-shaped ligamentoplasty for chronic floating lunate**
Fernando Corella

10:00-10:40 h. Discussion & round table

10:40-11:00 h. **CONFERENCE**
SL tears: from open surgery to arthroscopic treatment, challenging dogma in anatomy and treatment
Christophe Mathoulin

11:00-11:30 h. Coffee break

SESSION 2: DRUJ RECONSTRUCTION AND TFCC INJURIES

Chairman: Vicente Carratalá

11:30-11:45 h. **Arthroscopic foveal repair for DRUJ instability**
Sanjeev Kakar

11:45-12:00 h. **Arthroscopic assisted tendon reconstruction for DRUJ instability**
Andrea Atzei

12:00-12:15 h. **Arthroscopic TFCC reconstruction with tendon graft**
Pak Cheong Ho

12:15-12:30 h. **All-arthroscopic TFCC ligamentoplasty for chronic DRUJ instability**
Vicente Carratalá

12:30-13:00 h. Discussion & round table

*Some speakers will give their lectures live on-line



SESSION 3: NEW CONCEPTS IN LIGAMENT INJURIES

Chairman: Mireia Esplugas

- 13:00-13:15 h. **Arthroscopic reconstruction of radicular ligaments**
Marcio Aita
- 13:15-13:30 h. **Tips and tricks in the management of ulnotriquetral ligament split tears**
Sanjeev Kakar
- 13:30-13:45 h. **Reconstruction of the distal oblique band. Indications and results**
Marcio Aita
- 13:45-14:00 h. **Arthroscopic resection of volar wrist ganglion**
Ricardo Kaempf
- 14:00-14:30 h. Discussion & round table
- 14:30-15:15 h. Group photo & lunch

SESSION 4: SCAPHOID, DISTAL RADIUS FRACTURES AND SEQUELAE

Chairman: Fernando Polo

- 15:15-15:30 h. **AARIF of distal radius fractures – The “stepwise” approach**
Mark Ross
- 15:30-15:45 h. **Minimally invasive osteosynthesis of DRF: from "proximal to distal" technique**
Pedro J. Delgado
- 15:45-16:00 h. **Dry arthroscopy in distal radius malunions**
Mark Ross
- 16:00-16:15 h. **Arthroscopic reconstruction of nonunion scaphoid in complex cases**
Fernando Polo

- 16:15-16:30 h. **WALANT surgery in wrist trauma**
Elisabet Hagert

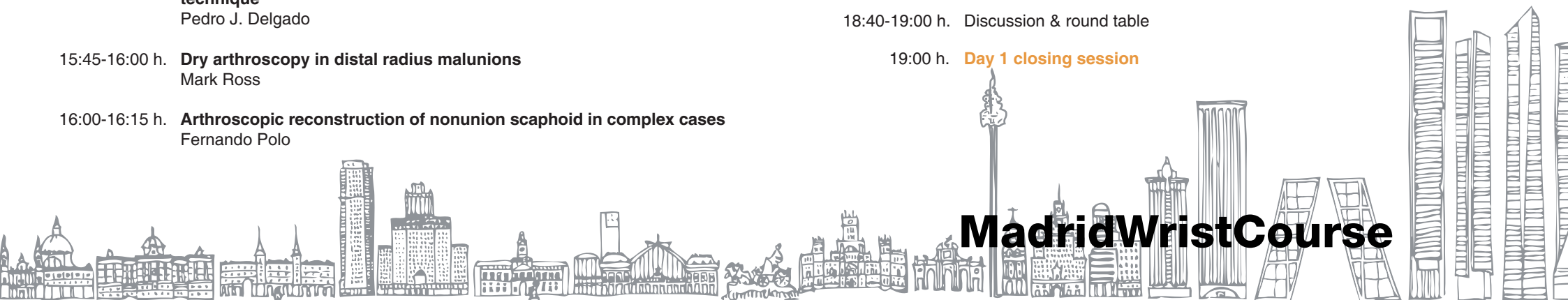
- 16:30-17:00 h. Discussion & round table

17:00-17:20 h. **CONFERENCE**
Deliberate practice: a new method to teach trainees in hand surgery
Philippe Liverneux

SESSION 5: HAND AND WRIST OA: ARTHROSCOPIC TREATMENT

Chairman: Belén García Medrano

- 17:20-17:35 h. **Arthroscopic treatment of chondral injuries of the wrist**
Pedro J. Delgado
- 17:35-17:50 h. **The SOAC wrist**
Ricardo Kaempf
- 17:50-18:05 h. **Arthroscopic treatment of STT osteoarthritis**
Andrea Atzei
- 18:05-18:20 h. **Wrist arthroscopy in the ulnocarpal impaction syndrome**
Belén García Medrano
- 18:20-18:40 h. **US guided methylene-blue injection in arthroscopic volar ganglion excision**
Mireia Esplugas
- 18:40-19:00 h. Discussion & round table
- 19:00 h. **Day 1 closing session**





Thu 20th & Fri 21st

08:15-08:30 h. Welcome address and course presentation

08:30-09:15 h. VIDEO-TECHNIQUE & PRACTICE 1
Scapholunate capsulodesis (single suture)

09:15-10:00 h. VIDEO-TECHNIQUE & PRACTICE 2
Dorsal capsulodesis (anchors fixation)

10:00-11:00 h. VIDEO-TECHNIQUE & PRACTICE 3
TFCC foveal repair (transosseous & suture anchors)

11:00-11:30 h. **Coffee break**

11:30-12:00 h. **MASTERCLASS 1**
Nanoendoscopy of the wrist and small joints. Nanoscope
Mireia Esplugas

12:00-13:00 h. VIDEO-TECHNIQUE & PRACTICE 4
Arthroscopic assisted fixation in DRF + MIPO

13:00-14:00 h. VIDEO-TECHNIQUE & PRACTICE 5
Arthroscopic intercarpal fusion

14:00-14:45 h. **Lunch**

15:00-16:00 h. VIDEO-TECHNIQUE & PRACTICE 6
STT resection

16:00-16:45 h. **MASTERCLASS 2**
Three-Step arthroscopic trapeziectomy technique
Fernando Corella

16:45-17:45 h. VIDEO-TECHNIQUE & PRACTICE 7
CMC arthroscopy + suspension

17:45-18:30 h. **MASTERCLASS 3**
Distal radius osteotomy with PSI-guides
Pedro J. Delgado

18:30-19:00 h. **MASTERCLASS 4**
Total wrist arthroplasty. Motec system
Fernando Corella

19:00-19:15 h. End of advanced course. Closing remarks

Faculty.

Vicente Carratalá (Spain)
Fernando Corella (Spain)
Pedro J. Delgado (Spain)
Belén García Medrano (Spain)
Fernando Polo (Spain)
Alfonso Prada (Spain)
Mireia Esplugas (Spain)
Victor Triviño (Spain)
Pau López-Osornio (Spain)
Cristóbal Martínez (Spain)

The hands-on activity in cad-lab will
be combined with workshops on
May 20-21

All participants will be distributed
into 4 groups for cad-lab and
workshops.

